

Good Vibes Coloring Book: Coloring Books for Grown Ups (Good Vibes Coloring Books for Adults) (Volume 2)

Tanakorn Suwannawat

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Good Vibes Quotes to Improve Your Positive Thinking

To put into practice good vibes quotes, you need to have a positive mindset that will allow to apply them so as to clearly visualize the things you want to achieve in order to succeed.

You need to meditate daily, by finding a quiet place which could be your bedroom, or color this book to enable you to have effective use of the vibes you have chosen to motivate towards your goals.

Make it a habit of relaxing once you are in your favorite place of meditation.

Concentrate on taking a slow and deep breath as you visualize your goals and free your mind from any negative thought

or vibe that might the source stress and preventing you from achieving your goal.

Imagine that you have already achieved your target and you are successful.

Remember whatever target you set should be realistic to avoid disappointment and good vibes quotes will readily assist you to achieve them with ease.

Sit down and Enjoy this coloring book now.

Pages are printed on one side only for easy removal and display.

Provides hours and hours of mindful calm, stress relief and creative expression.

BONUS: The book includes also the download of a PDF file for Stress Relief Patterns Coloring page, taken from the V Art Coloring Book Publishing.

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Andrea Toliver:

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Bobby Hanke:

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