



Hands of Life: Use Your Body's Own Energy Medicine for Healing, Recovery, and Transformation

Julie Motz

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A revolutionary book by a pioneering healer, **Hands of Life** takes energy medicine where it has rarely gone before--into the operating room--as Julie Motz reveals the true healing power of the body and puts it in the reader's very own hands.

As one of the first nontraditional healers allowed to work in an operating room, Julie Motz harnesses the body's own energy to help patients survive risky operations, such as heart transplants and cancer surgery. Now she shares remarkable case studies of healing, recovery, and transformation--and gives readers step-by-step guidance on accessing one's own innate healing energy.

Treating the body and spirit as an interconnected whole, Motz explains her breakthrough form of healing, the ultimate synthesis of Eastern holistic healing and Western medicine. She shows how strong emotion affects our bodies, creating energy imbalances that can lead to illness if unaddressed, and illustrates how we can heal.

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Ruth Powers:

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Helen Sullivan:

Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you have done when you have spare time, then why you don't try thing that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Hands of Life: Use Your Body's Own Energy Medicine for Healing, Recovery, and Transformation, you can enjoy both. It is very good combination right, you still wish to miss it? What kind of hang type is it? Oh occur its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Kathe Waller:

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