



# Intimacy After Breast Cancer: A Practical Guide to Dealing with Your Body, Relationships, and Sex

*Gine M. Maisano*

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## **Intimacy After Breast Cancer: A Practical Guide to Dealing with Your Body, Relationships, and Sex**

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Congratulations! You survived breast cancer. This should be a time to celebrate?so why do you feel so empty and alone? Medical professionals prepare you for surgery and

other treatments, but do not always address your emotional and sexual health. In *Intimacy After Breast Cancer*, breast cancer survivor Gina Maisano honestly discusses the

sensitive issues of self-esteem, body image, and sexuality to help you become the total woman you still are.

Part One begins by examining the emotions experienced by breast cancer survivors, including anxiety and fear of recurrence. It then offers guidance on regaining the confidence to start living again. The mental and physical

effects of post-surgical medications are discussed, along with solutions for maintaining optimum health. Part Two focuses on rediscovering your sexuality. In a compassionate manner, it addresses the issues that most often challenge both single and married women and presents suggestions

for overcoming them.

Love and intimacy do not have to end with a breast cancer diagnosis. In *Intimacy After Breast Cancer*, Gina Maisano will help you rediscover the joys of being a woman.

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