



A New Psychology Of Men

Ronald Levant, William Pollack

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Inspired by feminist scholars who revolutionized our understanding of women's gender roles, the contributors to this pioneering book describe how men's proscribed roles are neither biological nor social givens but rather psychological and social constructions. For the first time in one volume, the leading voices in the study of male psychology authoritatively detail how men's roles are created and how men's attempts to live up to these unhealthy and unrealistic models of masculinity warp men and society. Questioning the traditional norms of the male role (such as the emphasis on aggression, competition, status, and emotional stoicism), they show how some male problems (such as violence, homophobia, devaluation of women, detached fathering, and neglect of health needs) are unfortunate by-products of the current process by which males are socialized. By synthesizing the latest research, clinical experience, and major theoretical perspectives on men and by figuring in cultural, class, and sexual orientation differences, the authors brilliantly illuminate the many variations of male behavior. This book will be a valuable resource not just for students of gender psychology in any discipline but also for clinicians and researchers who need to account for the relationship between men's behavior and the contradictory and inconsistent gender roles imposed on men. This new understanding of men's psychology is sure to enhance the work of clinical professionals—including psychologists, psychiatrists, social workers, counselors, and psychiatric nurses—in helping men reconstruct a sense of masculinity along healthier and more socially just lines.

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