



Christian Childbirth

Marianne Manley

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Christian Childbirth, 2nd Edition by Marianne Manley RN, CNM includes more pictures, diagrams and wisdom. This comprehensive book contains birth stories written by Christians for Christians and provides information related to childbearing and beyond from a Christian perspective. The goals of this book are to encourage Christians to seek God in childbearing and to help them to know **WHAT TO EXPECT FROM GOD WHEN EXPECTING**. Secular books cannot fill the longing of our souls and come short of the wisdom found only in the Word of God. Parents need God when expecting because their, and their children's, eternal souls depend on Christ in them "the hope of glory" Col. 1:27. An anthology of birth stories which depict various scenarios which may be encountered in natural childbirth follows a brief description of how Marianne became a Christian and a midwife. The many true stories and photos will give the reader a glimpse into the thoughts and challenges the mothers faced and how they overcame them and succeeded in a natural delivery. In the Handbook Section, Marianne shares what she does as a midwife. She provides information on early pregnancy, priorities, time management, warning signs, common discomforts, praying for loved ones, diet tips, recipes, exercise, sex during pregnancy, labor and birth advice, pain management, supplies needed, pros and cons of water birth, cord management, what to do when the water breaks before labor, and emergency childbirth instruction for husbands. Post-delivery information include how to avoid hemorrhaging after the birth, the Ten Commandments for the postpartum mother, getting rid of belly fat, breast feeding, the circumcision decision, and newborn care. There are also guidelines for feeding on God's Word, loving our husbands and children, being a godly wife and mother, homeschooling with a new baby, child training tips, speaking gently, avoiding gossip, and much more. Christian Childbirth, 2nd Edition is a great resource for midwives, doulas, or personal maternity care – especially for those desiring a Christ-centered birth.

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