



Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Pastel Elegance)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Dolores Watkins:

The book Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Pastel Elegance) has a lot of information on it. So when you check out this book you can get a lot of advantage. The book was authored by the very famous author. The author makes some research just before write this book. This book very easy to read you will get the point easily after reading this article book.

Gary Farrell:

Reading can called head hangout, why? Because while you are reading a book specially book entitled Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Pastel Elegance) your head will drift away trough every dimension, wandering in each and every aspect that maybe unfamiliar for but surely might be your mind friends. Imaging just about every word written in a publication then become one contact form conclusion and explanation in which maybe you never get prior to. The Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Pastel Elegance) giving you an additional experience more than blown away your head but also giving you useful data for your better life on this era. So now let us explain to you the relaxing pattern the following is your body and mind is going to be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary investing spare time activity?

Helen Green:

The book untitled Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Pastel Elegance) contain a lot of information on this. The writer explains your ex idea with easy means. The language is very easy to understand all the people, so do not really worry, you can easy to read the idea. The book was compiled by famous author. The author will take you in the new era of literary works. It is possible to read this book because you can please read on your smart phone, or model, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and also order it. Have a nice learn.

Lorene Lord:

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