



Healthy People 2010: Understanding and Improving Health, Volumes I and II

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Healthy People 2010 sets broad public health goals for the next decade. Organized under three broad approaches--health promotion, health protection, and preventative services--the text forecasts these objectives on a 10-year course chart for individual, collective, and environmental change. Health People is a nation health promotion and disease prevention initiative that brings together national, State, and local government agencies; nonprofit, voluntary, and professional organizations; businesses; communities; and individuals to improve the health of all Americans, eliminate disparities in health, and improve years and quality of healthy life. Healthy People 2010 builds on the goals and initiatives of Healthy People 2000. Healthy People 2010 will be instrumental in reversing unfavorable trends and in increasing improvements in the overall health of the nation.

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