



# Coaching Psychology

*Siobhan O'Riordan, Robert Bor, Stephen Palmer*

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Written by a team of experts from around the world, each chapter in Coaching Psychology will help you to understand the key concepts, providing you with the essential theory, research and applications for practice.

This is an essential text for all undergraduate students taking modules in coaching and positive psychology, as well as postgraduate students taking courses in coaching psychology, coaching practice, organisational psychology and business psychology. It will also be useful for all students of human resources management, education and sports science with an interest in coaching, mentoring, motivation and employee relations.

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