



The Magic of Moments: From Mindfulness to Reflection

Joan B Kantor

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The Sensual Magic of the natural world comes alive in this collection of meditative nature poems. The colors, smells, textures, and shapes of the outdoors are cast in high relief. Forsythia explodes 'In wild popcorn profusion', dandelion puffs become a summer snow shower and vernal pools disappear with a 'snap of summer's scalding fingers'. Outdoor denizens will discover the familiar vividly rendered. Armchair nature lovers will find delight that tempts them outside, to a place of meditative reflection

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