



# Bud the Spud

*Adam Byrn Tritt*

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## **Bud the Spud** Adam Byrn Tritt

Bud was a kid, like any other kid. He liked pizza and ice cream. He liked to watch TV. But what happens when a kid (like any other kid) eats way too much junk food and watches way too much TV, and never, ever leaves the couch? You guessed it--he turns into a couch potato. Literally! You won't believe what happens to him next. . . .

What happens when a kid eats too much junk food and watches too much TV, and never, ever leaves the couch? You guessed it: he turns into a couch potato--literally!

In a unique feature, the book has three separate endings--three different outcomes for poor Bud--which range from the positive and uplifting to the decidedly macabre (which kids thoroughly love). Behind the humor is a serious message to help combat childhood obesity

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