



**MINDFULNESS Coloring Book: Relaxation Series
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adults relaxation, coloring book for grown ups,
COLORAMA Coloring Book (MINDFULNESS
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Coloring is mindfulness. Even in the middle of a hectic day, coloring frees us to focus on the moment, the pencil, and the paper. So relax and go with the flow. Say hello to coloring, and feel your worries and distractions fall away! Mindfulness Coloring Collection is filled with intricate and intriguing illustrations for you to color and enjoy. Escape to a world of fantastical flowers, cute critters, motivating messages, magical mandalas, and pretty patterns, all waiting to be filled with every color of the rainbow.

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