



The Lily Pond: A Memoir of Madness, Memory, Myth and Metamorphosis

Mike Barnes

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A memoir that chronicles unflinchingly the destructiveness of bipolar disorder - an illness that infiltrates thinking, feeling and acting in ways that change the very fabric of identity, of the life story one is telling oneself; however, *The Lily Pond* is equally searching in its exploration of the psyche's resources in healing and reknitting that story.

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